



WORKSHOP OPPORTUNITY

COMMUNICATING IN THE WORKPLACE: Discovering Your Conflict Style

WORKSHOP DESCRIPTION

Understanding how we and others respond to conflict is crucial for engaging with conflict in a healthy way. In this interactive workshop, participants will become aware of their conflict styles and discuss & practice ways to work together across styles.

Intended Audiences: Postdocs and other Early Career Professionals, although all are welcome!

EVENT DETAILS

Friday, May 10th

10:00 am - 12:00 pm MT

Online only

Speaker:

Adriana Medina
(she/ella)

ABOUT THE SPEAKER



Adriana is a trainer and consultant with Beyond Inclusion, and she focuses on communication, intercultural topics, diversity, leadership and emotional intelligence. A published author, she has designed and led workshops for higher education, not-for-profit, governmental, and corporate clients in the United States, Saudi Arabia, India, Singapore, China, Myanmar, and Canada. Adriana is also a professor. She teaches topics on

communication and social justice at the University of Denver and Metropolitan State University of Denver. A published author, she is a former Associate Professor of Intercultural Communication and Spanish at the University of Maryland Baltimore County.



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