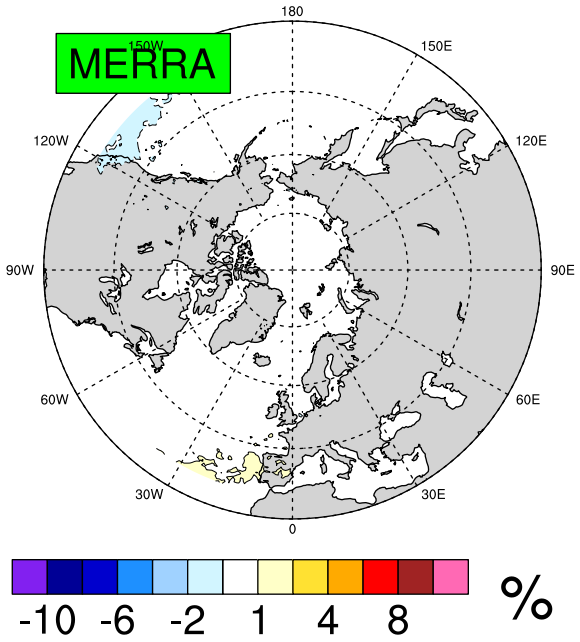DJF - Instantaneous Blocking Frequency - anomalies